

July Is ...

SUN SAFETY MONTH



- For more information:
 - Sun Safety Alliance
www.sunsafetyalliance.org

RESPECT THE SUN!

- Use a sunscreen with at least SPF 15 all the time ... even on cloudy days
- Wear sunglasses to protect your eyes
- Stay hydrated by drinking fluids throughout the day



Manalapan Township Health Department
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